

# Cascade Community Pool News

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826-2124      www.cascadecommunitypool.com

## NEW SNORKEL CLASS

Rae Mooring has been putting together the curriculum for an exciting new snorkel class for those students who have completed the Steelhead level in our program.

The class is based on fun games that challenge both body and brain, while improving endurance and stroke mastery. Using snorkels and flippers, students will dive through hula hoops, follow mazes and patterns on the bottom of the pool, compete in treasure hunts and more.

The snorkeling classes will run for an hour.

During August Austin Rasmussen will teach the class from 8:00 to 9:00 P.M. on Tuesday and Thursday. The cost is \$45 (or \$40 prepaid) for the month. Class size is limited to 8, so call ahead to ensure a spot.

In September we will begin offering the same class once a week on Wednesday nights from 6:30 - 7:30; the cost will be \$30/\$25.

## \$\$\$FINANCES\$\$\$

**Income**      \$47,199.83  
**Expenses**    38,791.85  
**PROFIT**      \$ 8,407.98

### DONATIONS

**Dan Latusick - \$50**

**Joy Reich - \$110.97**

*Pacific Power (\$1,464.05)*

*Avista (\$1,489.16)*

## ATTENDANCE

**June 2007 - 4,839**

**June 2008 - 5,184**

## DAILY SWIM LESSON SESSIONS

**12:00 - 1:00 P.M.**

8/4 - 8/15

8/18 - 8/29

**Pay prior to  
the first day  
of lessons and  
save \$3.00!**

Our Bingo Sessions are:

### Sunday

Doors open at 11:45

Warm ups begin at

12:30 P.M.

### Monday & Tuesday

Doors open at 4:30 P.M.

Play begins at 6:00 P.M.

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## WANTED!

E-mail addresses for sending Newsletter!

Board meetings are the 3rd Thursday of every month at the pool.

*The pool will be closed on Monday, September 1st so our employees can celebrate Labor Day!*

## POOL TO STAY OPEN IN FALL

We will not close the pool for a week this fall.

Instead we will do our fall cleaning

and painting on the weekends.

The Fall Schedule will begin on September 2nd.

## ~UPCOMING BINGO EVENTS~

Support the Cascade  
Community Pool:

**PLAY  
BINGO!**

Get ready for our  
**LABOR DAY  
MARATHON.**

Put it on your  
calendar today.

## MONDAY is Kids' Day at Cascade Bingo through

**August.** Doors open at 4; play begins at 6:00. Children, aged 6-16, must be accompanied by an adult. Diana tells us that about 25 kids have been coming out weekly and having a blast. On August 25th, the last Monday of the summer, Kids' Bingo will include a drawing, free daubers and a **BONANZA!**

## Member News

**Connie Buchanan** and several members of her Aerobic Fitness Class were featured in a Mail Tribune article recently. Connie plans to outfit the 1300 members of her son's division in Iraq with digital camouflage fabric neck wraps that hold water which cools the body through evaporation, as during the hot season, temps exceed 125 degrees. She would appreciate donations to help purchase the specialized materials and pay for shipping. The ladies from the Aerobic Fitness class are helping with the cutting and sewing.

**Jean Ann Governor** returned to the pool this week after having back surgery.

**Mary Nutter** is scheduled for surgery soon.

**Pete Meier** has an appointment in California to see if he has any more kidney stones forming.

**Steve Hornbuckle** will undergo treatment on another skin cancer.

**Patty Ekdahl** is entertaining her two sisters, one from Texas and the other from Arizona.

### WHITE CITY PARKS PROJECT BATTLE OF THE BANDS

First place on July 20th went to The Suspects; Judges Favorite was Spontaneous X, a band of five WC kids, ages 12-15. Thanks to everyone who came out for a fun afternoon. Special thanks to Martin Trucking for the stage and My Own Black Eye for providing the sound system. The event raised about \$335 toward the new covered picnic area in Burns Park.

### SWIM TEAM SPAGHETTI DINNER FUNDRAISER

The first annual RVST fundraiser dinner is coming up on Oct 4 at the Eagle Point Community Bible Church from 5 to 8 pm. Team members, who live across the valley, will be pre-selling the \$5 tickets. The team hopes to raise \$4000 to buy uniforms and offset travel expenses for the upcoming year.

### White City Activities UPCOMING EVENTS

#### August 23

#### School Daze Exchange

Free community-wide back to school clothing and gear exchange. Bring your gently used items to the White City Elementary Gym on 8/20-8/22 and "sell" them for tickets. Come back on Saturday 8/23 between 9 am and 3 pm and use the tickets to "buy" what your growing children need. Live music by Spontaneous X and cotton candy for all, courtesy of the White City Charitable Foundation.

#### September 20

#### Family Fun Day

This year's theme is "Igor, the Little Monster that Wants to be a Scientist." Tons of fun activities for the whole family in Burns Park, 10 am—2 pm, sponsored by the WCCIA/WCCF. Then, from 4 pm to 8 pm, come on back for dancing and a Karaoke contest, sponsored by the Latina Leadership Class.

Call 864-8731 for information.

### AUSTIN GOES TO STATE

On July 13<sup>th</sup> 8 year old Austin Mortimore from the Rogue Valley Swim Team competed in the 2008 Speedo Long Course 10 & Under State Championships. This was the first time Austin swam in a 50 meter pool. He placed 11<sup>th</sup> in the 50 meter free, 42.55, and 18<sup>th</sup> place in the 50 meter fly, 1:02.05.

His Coach, Carleen Camden, and his teammates are proud of his accomplishments.

Austin swims with the Rogue Valley Swim Team which holds practices Monday through Friday from 3:30 - 4:30 P.M. at the Cascade Community Pool in White City.

### RVST SEASON WRAPS UP

Carleen will be taking 23 Rogue Valley Swim Team kids to the Grants Pass meet on August 2nd. The last meet of the season will be in Coos Bay on August 9th.

*SWIM TEAM WILL BE ON VACATION SEPT 1—19. BEGINNING SEPT 22, ALL TEAM MEMBERS SHOULD PLAN TO COME IN AND LAP. THE TEAM FEES WILL BE PRO-RATED FOR THE MONTH.*

### ATTENDANCE

**Chasten Milam**

### NEEDED

Used pantyhose for the skimmers!