

# Cascade Community Pool News

VOLUME 11, ISSUE 2

MARCH 29, 2010

826-2124      www.cascadecommunitypool.com

## LAP-A-THON A SUCCESS!

Our funding committee planned our first Lap-A-Thon not knowing how many participants we would have and whether we would have enough room in the pool for the event. As it turned out the ten participants wanted to swim their laps at times convenient to their schedule so on the actual day we had only one participant left to swim her laps.

**Dora Moore** co-chaired the event and did a great job of getting the envelopes and tally sheets ready for the participants.

The lap swimmers, who swam a total of 598 laps or 13 ½ miles, asked their friends and neighbors to sponsor them and brought in over \$3,000 for the pool programs.

All of the lap swimmers completed more laps in an hour than they thought they could and are all ready planning how they can do even more in the next Lap-A-Thon. Nine women and one man participated. Next year we hope to involve children in the lap swimming also. Each participant received a yellow bracelet imprinted with Cascade Community Pool Lap-A-Thon thanks to Alice Orcutt who purchased the bracelets.

Juliana Kelsall, who has multiple sclerosis, was able to swim 64 laps within an

hour with very little use of her legs. Shelley Quack-enbush, despite having fibromyalgia and bone spurs in her shoulders, swam the breaststroke for 41 laps. Debbie White, who swam 61 laps, was unable to keep her face in the water several months ago when she started private lessons at the pool with one of our swim instructors. She now swims laps three mornings a week using rotary breathing. Cindy McDonald was determined to swim the same number of laps as her recent birthday and made her goal. The Lap-A-Thon was more than swimming, it was a lesson in setting goals which the swimmers met and even exceeded.

The prize winners were: **Juliana Kelsall**, earned the most money, **Jack Brawner** completed the most laps (two miles) and won the prize for being the youngest (44). **Christine George** (80) was our oldest lap swimmer.

Our prizes were donated by **La Quinta Inn & Suites** in White City, **Antonio's Famiglia Pizzeria & Ristorante Italiano**, **Extreme Juice Company**, and **WalMart Supercenter**. The support of these businesses for our fund raiser helped to make it a big success.

### \$\$\$FINANCES\$\$\$

#### JAN/FEB 2010

**Income - \$13,660**

**Expense - \$19,161.49**

**Loss \$5,728.61**

**Liability Insurance - \$4,696.50**

**(Pacific Power - \$695.35)**

**(Avista - \$1,920.96)**

**Income - \$14,114.70**

**Expense - \$12,098.74**

**Profit - \$2,015.99**

**(Pacific Power - 848.73)**

**(Avista - \$1,923.51)**

**Donations - \$1,002.50**

### ATTENDANCE

**Jan., 2008 - 3,881**

**Jan., 2009 - 3,147**

**Feb., 2008 - 3,823**

**Feb., 2009 - 3,651**

### MONTHLY SWIM LESSON TIMES

**TUES. & THURS.**

**9 - 11 A.M.**

**2 - 4:30 P.M.**

**5:30 - 7:30 P.M.**

**WEDNESDAY**

**5:30 - 7:30 P.M.**



**Private Lessons  
\$20 per 1/2 hour**

### INSIDE THIS ISSUE

Member News	2
Woga Time Change	2
Pool Donors	2
Lap-A-Thon Donations	2

### WANTED!

E-mail addresses for sending Newsletter!

**Monday  
Open Swim  
7:15 - 8:30 P.M.**

### NEW TIME

*April Monday  
Night Open Swim  
Now will run from  
7:15 to 8:30*

### UPCOMING EVENTS



- **Special Open Swims Tuesday, March 30th & Thursday, April 1st. 5:30 - 7:30**
- **Swim Lessons begin on Tuesday, April 6th**
- **No noon lap swim on Monday - Thursday, April 26th - 29th**
- **2 Hour "Water Safety" classes for Butte Falls & Prospect 3rd & 4th graders April 26th - 29th**
- **May 15th "Hearts A Flutter" races**

## Member News

**Barbara Baehr** is doing well after having the other hip replaced on Monday, March 22nd. She plans to be well enough to take a cruise this summer.

**Evelyn Dollarhide** is busy taking care of her 77 year old nephew who was hurt in a car accident and has no other family to help him out.

**Joy Reich** is back at work after having knee replacement surgery.

**Jake Jacobs**, Carol's husband has been in and out of the hospital with heart problem-like symptoms. He is still undergoing tests to determine just what is causing his symptoms.

**Carol & Jake** are spending spring vacation with their son and family in La Grande.

**Suzi Collins** has been unable to drive her car since surgery on her foot the first part of February. We hope to see her behind the wheel soon!

### WOGA TIME CHANGE

Margaret Keene, our Woga instructor, has had requests for an evening class so we are arranging that by delaying our Monday night open swim.

Starting April 5th, on **Mondays only** Woga class will meet from 6:30 P.M. to 7:15 P.M. The Wednesday and Friday classes will continue from 3:30 P.M. to 4:15 P.M.



### POOL DONORS

We did not have room in our last newsletter to mention the names of the many people who gave money in response to our request for donations in November.

#### Friend \$20 - \$49

Allison Chenoweth  
 Bob & Marianne Van Hoy  
 Don Laatsch  
 Jack Brawner  
 Debra Kenton  
 Jerry MacLeod  
 Lee & Carolyn Wedberg  
 Debra Conley  
 David Brouzes  
 Jim & Diane Erwin  
 Margaret Oster  
 Merle Wilson  
 Kathryn Hardy  
 Debbie White  
 Lori Austin  
 Cheryl Stout  
 Sharyn Close  
 Susan Campanelli  
 Teryl Casebier  
 Juliana Kelsall

#### Supporter \$50 - \$99

Deane Wilson  
 Shelley Quackenbush  
 Christine George  
 Rhena Carlson  
 Perry Sneed  
 Bumgardner's Landscape  
 Carol Kennedy  
 Maxine Jackson  
 Jeanette Bakke  
 Dee Stormberg  
 Diane Jacobsen  
 Dora Moore  
 Edward & Mimi Kluk

#### Contributor \$100 - \$249

Robert & Kaete Thompson  
 Connie Smith  
 Dorothy Stecker  
 Doug Van Gordon  
 Noon lap swimmer  
 Bio Mass One  
 Taylor Richerson  
 Shirley Oswald  
 Charles & Margaret Howe  
 Knife River

#### Benefactor \$250 - \$1,000

Lorane Zimmerman  
 Constance Travesi  
 White City Community Improvement Association

#### \$1,000 - \$5,000

Joy Reich  
 Cliff Partridge  
 Morning Lap Swimmer & Wife

### LAP-A-THON DONATIONS

Our ten lap swimmers brought in donations from many people. If you see them thank them for the many laps they swam and the effort they put forth in getting donations.

Juliana Kelsall - \$754  
 Cindy McDonald - \$537  
 Debbie White - \$500  
 Diane Jacobsen - \$362  
 Deane Wilson - \$242  
 Cindy Sweet - \$200  
 Christine George - \$197.04  
 Jack Brawner - \$140  
 Shelley Quackenbush - \$136.25  
 Dora Moore - \$110



SPEC STD  
 U.S. POSTAGE  
 PAID  
 Eagle Point, OR  
 Permit #4

CASCADE COMMUNITY POOL  
 78 00 DIVISION RD.  
 White City, OR 97503